

ADP ANNUAL REPORT 2018-19 MIDLOTHIAN AND EAST LOTHIAN DRUGS AND ALCOHOL PARTNERSHIP

Document Details:

ADP Reporting Requirements 2018-19

1. Financial framework
2. Ministerial priorities
3. Formal arrangements for working with local partners

Appendix 1 Feedback on this reporting template.

In submitting this completed Annual Report we are confirming that this has been signed off by both the ADP Chair and Integrated Authority Chief Officer.

The Scottish Government copy should be sent by **30 September 2019** for the attention of Amanda Adams to: alcoholanddrugdelivery@gov.scot copied to Amanda.adams@gov.scot

July 2019

1. FINANCIAL FRAMEWORK - 2018-19

Your report should identify all sources of income (excluding Programme for Government funding) that the ADP has received, alongside the funding that you have spent to deliver the priorities set out in your local plan. It would be helpful to distinguish appropriately between your own core income and contributions from other ADP Partners. It is helpful to see the expenditure on alcohol and drug prevention, treatment & recovery support services as well as dealing with the consequences of problem alcohol and drug use in your locality. You should also highlight any underspend and proposals on future use of any such monies.

A) Total Income from all sources

Funding Source (If a breakdown is not possible please show as a total)	preventing and reducing alcohol and drug use, harm and related deaths
Scottish Government funding via NHS Board baseline allocation to Integration Authority	£1,955,169
Additional funding from Integration Authority (excludes Programme for Government Funding)	£87,000
Funding from Local Authority	£294,247
Funding from NHS (excluding NHS Board baseline allocation from Scottish Government)	£1,376,968
Total Funding from other sources not detailed above – Scottish Government New Investment	£579,501
Carry forwards	£336,668
Total (A)	£4,629,533

B) Total Expenditure from sources

	preventing and reducing alcohol and drug use, harm and related deaths
Prevention (include community focussed, early years, educational inputs/media, young people, licensing objectives, ABIs)	£452,746
Treatment & Recovery Support Services (include interventions focussed around treatment for alcohol and drug dependence)	£3,068,220
Dealing with consequences of problem alcohol and drug use in ADP locality	£298,709
Total (B)	£3,819,675

C) 2018-19 Total Underspend from all sources: (A-B)

Income (A)	Expenditure (B)	Under/Overspend
£4,629,533	£3,819,675	<p>A planned underspend £809,858 is to be spent on a committed rolling programme of funding for the development of Low Threshold Treatment Services, Assertive Outreach into Primary Care and Advocacy approaches. These priorities are based on evidence of consultation with key stakeholders, the Care Inspectorate recommendations, Rights Respect and Recovery and as a direct response to new priorities set out by government.</p> <p>The rolling nature of our spending plan reflects the phasing of investment as the partnership operationalise and possibly adjust responses. This relates to the ongoing use of the new investment of £579,501 from Scottish government.</p> <p>Other expenditure relates to one off initiatives and includes:</p> <ul style="list-style-type: none"> • NHS Analyst- Intelligence to provide data and information to the MELDAP DRD review group • Alcohol Community Work • Expansion to women specific responses to reduce barriers to access and ensure services are women and friendly focused • Career Pathway Development - Peer Workers • Recovery Café to develop as "Social Enterprise" and expand range of services offered • Substance Misuse ACES, Peer Counselling and Support particularly to children and young people who have experienced loss of parent or carer due to their substance use.

D) 2018-19 End Year Balance from Scottish Government earmarked allocations (through NHS Board Baseline)

	* Income £	Expenditure £	End Year Balance £
2018-19 investment for preventing and reducing alcohol and drug use, harm and related deaths	Core = £1,955,169 New Investment = £579,501	Core = £1,955,169 New Investment = £71,623	£507,878
Carry-forward of Scottish Government investment from previous year (s)	£336,668	£34,688	**£301,980

Note: * The income figure for Scottish Government should match the figure given in table (a), unless there is a carry forward element of Scottish Government investment from the previous year.

**Accumulated underspend from previous years this includes monies set aside to manage the uncertainty around future funding arrangements which were not made known to ADP until August 2018.

2. MINISTERIAL PRIORITIES

Please describe in bullet point format your local Improvement goals and measures for delivery in the following areas during 2018-19:

PRIORITY	*IMPROVEMENT GOAL 2018-19 This should include your percentage target for each priority area where applicable.	PROGRESS UPDATE Maximum of 300 words for each priority. This should include percentage of delivery against target	ADDITIONAL INFORMATION Maximum of 150 words
1. Preparing Local Systems to Comply with the new Drug & Alcohol Information System (DAISy)	Participate and contribute to Lothian DAISy and DADA groups to develop local implementation and training plan.	<p>The draft implementation plan has been agreed and nearly all actions have been completed.</p> <p>MELDAP Area Reporter has provided a bitesize training session on legacy data and will continue to do this on various subjects relating to DAISy as the system is being prepared to go live.</p> <p>A local training plan has been drafted which will be implemented following the formal ISD training.</p> <p>The recovery tool which will be used by DAISy has been delayed until 2019. The MELDAP Area reporter continues to attend DADA groups.</p>	<p>The go live date for DAISy has again been delayed which has impacted on MELDAP meeting its improvement goal.</p> <p>Outcome Star (Recovery) will be continue to be used by sector partners.</p> <p>The number of services using Outcomes Stars has increased.</p>
2. Tackling drug and alcohol related deaths (DRD & ARD)/risks in your local ADP area.	Establish an expanded MELDAP group to deal with both alcohol and drug related deaths (ADD).	<p>Review of localised DRD processes completed as a consequence of :</p> <ul style="list-style-type: none"> • requirement to localise NHS procedures 	<p>Since summer of 2018 SMS</p>

<p>Which includes - Increasing the reach and coverage of the national naloxone programme for people at risk of opiate overdose, including those on release from prison and continued development of a whole population approach which targets harder to reach groups and focuses on communities where deprivation is greatest.</p>	<p>Develop amended Terms of Reference for group to place greater emphasis on shaping future proactive interventions for high risk groups and individuals.</p> <p>Develop range of assertive outreach approaches using peer workers and volunteers to engage harder to reach individuals.</p> <p>Explore feasibility of and prepare to introduce same day prescribing service for higher risk clients.</p>	<ul style="list-style-type: none"> • there is now a new NHS Lothian DRD co-ordinator who is supporting the work of the local DRD group. <p>Expanded membership of localised DRD group which now includes two Peer Workers (people with lived experience). Gaps in membership have been identified.</p> <p>Work with AFS (Scotland) to develop similar local group to review alcohol related deaths.</p> <p>New Terms of Reference has been agreed for the local review group and the group has met on two occasions. The group has already identified the need to expand its membership to include housing/team.</p> <p>Additional peer workers are now in place. Part of their remit will be to engage with harder to reach groups and those that have dropped out of service. The full-time Peer Workers provide a range of support activities to clients in a variety of settings with the purpose of encouraging clients to engage with or sustain involvement in treatment, taking clients to appointments/meetings (over 250 in total), working with clients to provide advice and support and promoting recovery.</p> <p>Two Band 6 Nurses were employed as of May 2019 to augment the response into Primary Care. A new Consultant is due to begin employment in October 2019.</p>	<p>colleagues have piloted a flexible, low threshold clinic approach to encourage individuals who find it difficult to sustain planned involvement to remain in treatment. This service involves staff from NHS Lothian, the third sector and peer worker. Client uptake indicates that this has been a positive development.</p> <p>In summer 2018, a similar service response was started in East Lothian.</p> <p>In 2018 there was a total of 34 DRD in the MELDAP area. In Midlothian there was 14 DRD a drop of 5 and in</p>
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	<p>Extend reach of Needle Exchange Outreach Network (NEON) to make accessible to more remote and higher risk communities.</p> <p>Develop programme of Take Home Naloxone (THN) training for Peer Supporters/volunteers.</p>	<p>A Peer Support Co-ordinator (person with lived experience) appointed to co-ordinate peer work across substance misuse, mental health and criminal justice services has instigated a number of successful initiatives and expanded the number of services involved. Some 20+ peer volunteers have completed the training.</p> <p>NEON outreach service was extended to the Dunbar area of East Lothian that has seen increase in drug deaths. There is now an expanded IEP service in Musselburgh area of East Lothian.</p> <p>For a 12 week period between June and August 2018 a Small Test of Change was undertaken for a day per week utilising IEP personnel from MELD and HRT. An assertive Outreach service was offered to IEP clients and those deemed as 'hard to reach'. The service offered needle exchange services including BBV testing, Hep B vaccinations, THN and referral and signposting to appropriate services. The STOC reached a total of 23 clients and had 48 interactions. The success of the pilot ensured that this model of working replaced the use of the NEON bus from April 2019.</p> <p>Completed second round of THN training for peer supporters/volunteers. Eight peers trained. Three support meetings organised for the remainder of the year.</p>	<p>East Lothian 18 an increase of 6. While not attracting the same level of media interest in 2018 there was a total of 39 alcohol related deaths in the MELDAP area.</p> <p>In April 2019 a similar service was launched in East Lothian.</p> <p>In August 2019 SMS Team leader visited service in Middlesbrough to see work of same day prescribing service.</p>
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	<p>Continue to support the work of both Council's Licensing Forums.</p> <p>Finalised set of alcohol and drug Core Risk Taking messages for young people.</p> <p>Introduce Safe Storage boxes to all families engaging with treatment services who have children or access to children</p>	<p>From April 2018 to March 2019 a total of 291 THN kits were issued up from 193 from the previous year. Naloxone Training was delivered to 36 staff from 5 services</p> <p>MELDAP is a core member of both Licensing Forums and was involved in drafting both for fora's overprovision statements as part of their new Licensing Policies.</p> <p>MELDAP organised alcohol event involving 20 young people aged 13-17 run to get their views on alcohol, how young people and alcohol are portrayed as well as gaining insight in to young people's drinking behaviours.</p> <p>Set of Core Risk Taking messages on alcohol and drug use approved by GIRFEC Board in Midlothian and is being developed by East Lothian. Training on core messages piloted with range of staff from education, health, CLD and social work.</p> <p>Safe Storage boxes have now been introduced. Each box is designed to hold an individual's methadone (bottle), other prescribed drugs and also contains a THN kit, measuring cups, methadone leaflet and key messages around methadone consumption. Priorities for the safe storage boxes are</p>	<p>Staff training on use of Core message delivered in Spring 2019.</p>
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		families with children or access to children. The scheme will be extended to other relevant clients.	
3. Ensuring a proactive and planned approach to responding to the needs of prisoners affected by problem drug and alcohol use and their associated through care arrangements, including women	<p>Sustain level of funding to prison alcohol service.</p> <p>Develop role of multi-agency group to plan community support for recently liberated prisoners with history of substance misuse.</p>	<p>MELDAP contributed 22% of the funding to this service which included the opportunity for ongoing community support post liberation.</p> <p>A total of 13 East Lothian and Midlothian prisoners were supported to address there alcohol use.</p> <p>Work with people leaving prison is twofold. For the long term prisoners through integrated case management meetings in prison plans are made for release that aim to reduce risk to self and others. This includes linking clients where appropriate with services in the prison and also in the community to ensure a seamless transition of support once the person is released.</p> <p>All short term prisoners who we have written a Court report are referred on to Voluntary Throughcare support from Change, Grow, Live who offer support both in the prison and once the person has returned to the community.</p> <p>MELDAP participates in both councils Community Justice Groups and relevant MELDAP service managers participate in</p>	

	<p>Better understand of the needs of women in terms of reducing barriers to access, dealing with stigma/shame and making services more child friendly through commissioning analysis of need. (37% of clients using Gateways to Recovery were women)</p> <p>Establish Recovery Hubs in Midlothian and East Lothian</p>	<p>planning group to provide community based support for recently liberated prisoners.</p> <p>Tender developed. Currently in final stages of appointing preferred provider.</p> <p>Developed closer links between treatment/recovery services and SPRING service for women who were previously involved in criminal justice system.</p> <p>Breakfast drop-in provided by Children 1st to support families and women in particular affected by substance use. The drop-in offers a range of activities each week, ie massage, cooking, yoga, arts and crafts,etc.</p> <p>Two Recovery Hubs were established. The newly refurbished Midlothian Hub (Number 11) opened in July 2019 has mental health, substance misuse and criminal justice services co-located. Effective joint working has taken place between the substance misuse and criminal justice teams.</p> <p>The East Lothian Hub contains the main NHS treatment service, a third sector service and peer workers.</p>	<p>In June 2109 a report entitled <i>Women in Substance Misuse Services in Midlothian</i> was completed. Its recommendations will be used to guide work of women's worker currently at appointment stage.</p>
<p>4. Continued implementation of improvement activity at a local level, based on the individualised</p>	<p>MELDAP and its services will continue to address Area for</p>	<p>MELDAP developed action plan template for services to progress areas for improvement noted in the report.</p>	<p>Future QI visits will continue adopt a thematic</p>

<p>recommendations within the Care Inspectorate Report, which examined local implementation of the <i>Quality Principles</i>.</p>	<p>Improvement in final Care Inspectorate report.</p> <p>Programme of Quality Improvement visits to review service progress of implementation of Quality Principles.</p> <p>Report progress of 'service facing' CI actions through presentations to the MELDAP Commissioning and performance group.</p>	<p>All services have reviewed the Areas for Improvement, identified those applicable to their service and developed Improvement Action Plan. Progress was discussed at QI visits.</p> <p>Reviewed the arrangements for the development of recovery plans, ensuring these are person centred, SMART and that clients are provided with a copy.</p> <p>MELDAP has continued to promote and support the use of the Recovery Star with its services in the light of the continued uncertainty around the development of national tool (ROW).</p> <p>Services have reviewed their arrangements around client consent and improved the quality of their risk assessment to minimise the level of risk to both staff and clients.</p> <p>Implementation of the Quality Principles continues to be a standing item for each of the three annual Quality Improvement visits all services receive from the MELDAP Team</p> <p>Nearly all the Areas for Improvement relating to the strategic functions of the partnership have been addressed either partly or fully. A few remain to be addressed.</p>	<p>approach where all services will be asked to review in depth specific QPs. (see previous example)</p> <p>HEAT performance has continued to be lower than previous historical high level. Steps have been taken to address this. It is anticipated that all services will be delivering standard by Q2 of 2019.</p>
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	<p>Commission East Lothian young people's substance use service. (SUSSED)</p>	<p>Work has been completed in the following areas:</p> <ul style="list-style-type: none"> • financial planning • support for more complex cases through development of integrated Recovery Hubs • introduction of low threshold service • increased service user involvement • regular briefing of senior managers • accommodation (Midlothian) <p>Further action is required to expand role of independent advocacy and extending 'whole family' approach. Two MELDAP partners were successful in receiving Challenge Fund monies to develop these two areas of activity.</p> <p>Programme of service presentations to MELDAP Performance and Commissioning Group continued. While not a 'single' service, peer support workers and volunteers presented for the first time to the group.</p> <p>The service will link with 6 secondary schools and target most vulnerable, high risk young people; those who have been excluded/history of truanting, affected by parental substance use. Work on procurement of SUSSED completed.</p>	<p>The first MELDAP QI visit of 2019 focused on Quality Principle 8: <i>'Services should be family inclusive as part of their practice'</i>.</p> <p>Preferred provider identified with contract awarded by end of Sept'2019.</p>
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* SMART (*Specific, Measurable, Ambitious, Relevant, Time Bound*) measures where appropriate

3. FORMAL ARRANGEMENT FOR WORKING WITH LOCAL PARTNERS

<p>What is the formal arrangement within your ADP for working with local partners including Integrated Authorities to report on the delivery of local outcomes?</p>	<p>With the support of the IJB Chief Officers and Senior Managers of both Health and Social Care Partnerships, MELDAP has been integrated into the developing arrangements at IJB level.</p> <p>The work of the ADP is reported through a number of groups in each area ranging from Health and Social Care Joint Management/Core Groups, Strategic Planning Groups and Community Justice Boards. There is a clear link through these arrangements to the area IJB.</p> <p>MELDAP and therefore agendas around drugs and alcohol have an appropriate place within each local area structure, which has been beneficial to both the work of the partnership and the IJB's. For example, the development of the Recovery Hubs and coordinating the assertive outreach approaches to tackle the harder to reach group who have little or no contact with services..</p> <p>MELDAP also has links to each Children's Strategic Partnership/GIRFEC Board arrangements that support the work around prevention, early intervention, education, children, young people and families. MELDAP contributes to Community Justice, Children Partnership and IJB Strategic Planning and delivery of local outcomes and have an active role in setting the agendas relating to drugs and alcohol.</p>
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	The support team is managed through Senior Management in both Health and Social Care Partnerships.
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In submitting this completed Investment Plan, we are confirming that this has been signed off by both the ADP Chair and Integrated Authority Chief Officer.

APPENDIX 1:

1. Please provide any feedback you have on this reporting template.

As stated previously the report format has a primary focus on adult treatment and thus does not fully reflect the full range of activities undertaken by the partnership. For example, prevention/education, young people, support for families and building a strong and vibrant recovery community across East Lothian and Midlothian. Post treatment services (ROSC) do not appear to have the same status as treatment services as there is little scope to comment on their role. The term 'recovery' does not appear in any of the ministerial priorities.